



**Adult Education**  
at Cirencester College

## Creative Connections

Our Creative Connection Courses have been specifically designed to support those who suffer with invisible illnesses in Tetbury and Cirencester. Sessions provide the opportunity to try different creative activities and gain an understanding of how crafting can benefit your well-being. The courses are a great place to meet with friends, make new ones, gain new skills and build up your confidence. Art promotes well-being and provides a space for social connection.



Courses will run for 6 sessions at each venue at the following locations, days and times:  
The Dolphins Hall, Tetbury: Monday's 10:30-12:30, Starting: Monday 12th September  
Cirencester Baptist Church: Wednesday's 10:30-12:30, Starting Wednesday 14th September

The course is FREE to those who meet the criteria but please book, as places are limited.

Follow the link to book a place: [https://www.cirencester.ac.uk/adult\\_course/creative-connections/](https://www.cirencester.ac.uk/adult_course/creative-connections/)

If you book onto a course but are unable to attend, please let us know

Email: [adult.education@cirencester.ac.uk](mailto:adult.education@cirencester.ac.uk) | Phone: 01285 640994

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