

## **Dispensary**

We are thankful to the Rotary Club of Chipping Campden for providing new air conditioning equipment for our dispensary area, to ensure patient medications are kept at the correct temperatures.

## **Weight loss medication**

There have been reports in the media that weight loss injections (mounjaro, ozempic etc) will be available from the end of June on the NHS and we are getting a few queries.

The weight management team at Gloucestershire Hospital Trust is in the process of setting up a pathway which is expected in the next year. We will put updates on our website and facebook page once we have any more information.

## **Accessing Mounjaro (Tirzepatide) in Gloucestershire**

Tirzepatide (Mounjaro™) is a weight loss drug that was approved by the National Institute for Health and Care and Excellence (NICE) in the UK on 23 December 2024. The medication is not currently available for weight loss via prescription from GP practices in this area, so please do not contact your surgery to ask for it.

We are anticipating guidance from NHS England which will help us implement our plans to prescribe this drug to people with the greatest clinical need in a safe and effective way, alongside a reduced-calorie diet, increased physical activity and psychological support.

For support and more information visit: [www.nhsglos.nhs.uk/your-health-services/healthy-communities/weight-loss-medication/](http://www.nhsglos.nhs.uk/your-health-services/healthy-communities/weight-loss-medication/)

We are also aware an increasing number of patients are seeking privately prescribed weight loss injections known as GLP-1 medications - such as Mounjaro. New guidelines have recently highlighted the potential for an interaction between these medications and oral contraception or oral HRT medications. For patients using oral contraception and Mounjaro an additional barrier method is advised for the first 4 weeks and then for 4 weeks after each dose increase. Please follow the link for further information : <https://tinyurl.com/2pnzmfby> For patients taking any oral HRT medications with private weight loss injections it is recommended to seek a HRT review to see if any medications need adjusting.

## **Surgery Friends**

We are grateful for book donations to help raise money for equipment for the surgery. If you wish to help with funding via this charity, please get in touch and we will direct you to the chairman.

## **Staff changes**

Thank you to patients for being patient whilst our new receptionists are being trained. This is much appreciated by the team.

We have new GP's in training joining the practice from August – details will be added to our website.