

NHS COMMUNITY DIABETES SERVICE

TAKE CONTROL OF TYPE 2 DIABETES

We're offering friendly & informal
information sessions to support you!



If you want to learn more about how to
successfully manage your diabetes,
get in touch or scan the QR code below!



Visit: www.ghc.nhs.uk/diabetes

Call: 0300 421 8137

Email: CommDiabetesTeam@ghc.nhs.uk



NHS COMMUNITY DIABETES SERVICE

**WANT TO KNOW MORE ABOUT
TYPE 2 DIABETES?**

**DON'T MISS YOUR CHANCE TO
SPEAK TO A SPECIALIST!**



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1 IN 14 PEOPLE HAVE **TYPE 2 DIABETES**

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PEOPLE WHO ATTEND A DIABETES EDUCATION COURSE ARE MORE LIKELY TO...



Have lower blood
glucose levels



Have improved health
& fewer complications

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NHS COMMUNITY DIABETES SERVICE

SPEAK WITH OUR TEAM OF SPECIALISTS ABOUT TYPE 2 DIABETES

Anyone with Type 2 Diabetes can self-refer
into our information sessions, just scan the
QR code below to find out more!



Psst!... All you need
is a camera phone,
open the camera
app and point it at
the QR code!

Alternatively:

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