

TAKE CONTROL OF TYPE 2 DIABETES

We're offering friendly & informal information sessions to support you!



If you want to learn more about how to successfully manage your diabetes, get in touch or scan the QR code below!



Visit: www.ghc.nhs.uk/diabetes

Call: 0300 421 8137





WANT TO KNOW MORE ABOUT TYPE 2 DIABETES?

DON'T MISS YOUR CHANCE TO SPEAK TO A SPECIALIST!



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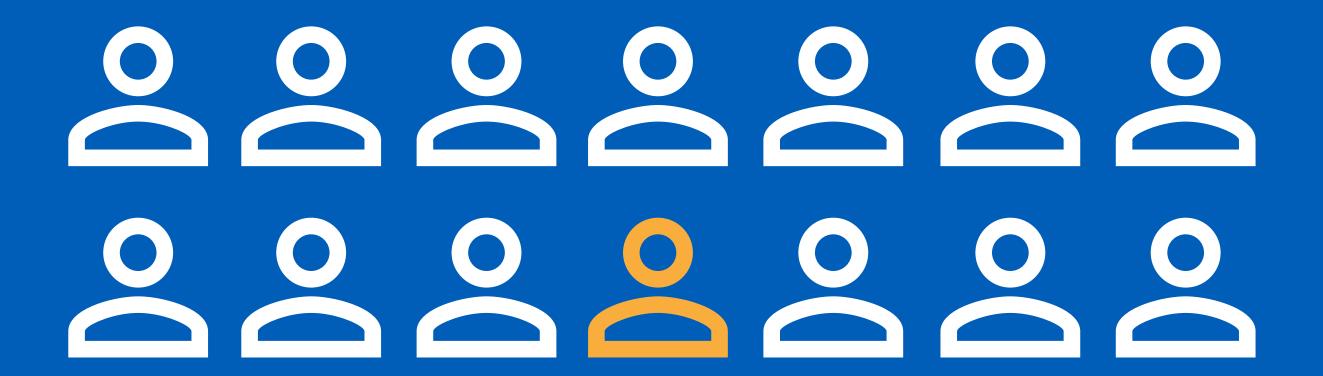






1 IN 14 PEOPLE HAVE TYPE 2 DIABETES

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PEOPLE WHO ATTEND A DIABETES EDUCATION COURSE ARE MORE LIKELY TO...



Have lower blood glucose levels



Have improved health & fewer complications

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SPEAK WITH OUR TEAM OF SPECIALISTS ABOUT TYPE 2 DIABETES

Anyone with Type 2 Diabetes can self-refer into our information sessions, just scan the QR code below to find out more!





Psst!... All you need is a camera phone, open the camera app and point it at the QR code!

Alternatively:

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